



CENTER ON EDUCATION AND  
LIFELONG LEARNING

# From Trauma Informed to Trauma Responsive: Knowledge to Practice

**Greenwood, IN**

September 17 & 18

**Elkhart, IN**

October 23 & 24

**Workshop Presenters:** Dr. Sandy Washburn & Deanna Nibarger

**Workshop Cost:** \$ 300.00 (2 days, lunch included)

**Time:** 8:30 am - 4 pm (Registration begins at 8 am)

**Contact:** [pmerida@indiana.edu](mailto:pmerida@indiana.edu), (812) 855-8343

**Registration:** <http://go.iu.edu/2bkf>



## **Description:**

This two day workshop will discuss how childhood adversity and traumatic experiences that result in toxic stress can negatively impact a student's capacity to thrive in school, at home and throughout life. Because childhood adversity and toxic stress are so prevalent, implementing trauma responsive approaches has the greatest potential to positively impact all students, regardless of a child's history with adversity. Designed for all individuals interacting with children and youth, this two-day workshop will focus on school-wide practices that promote:

- emotional, physical and social safety
- the development of social, emotional, and behavioral skills, including an understanding of the stress response system
- positive and culturally responsive discipline

An optional 3rd day will follow in February for those wishing to further develop skills and strategies.